



# Visiting the dentist



Dental

Part of your Merri Health network



Merri Health

Healthcare that moves with you

# How to share this story book with your child

- This social story is for families visiting the dentist with children for the first time. The story has photos to show children what will happen at the visit.
- Parents and carers can read the story online or you can download and print it out. You can also cut and paste the story to create a story that best suits your child.
- Where you see ....., fill in the name of the adult attending the visit with the child.





I am going to the dentist. A dentist looks after people's teeth. I have teeth in my mouth. I can look at them in the mirror.



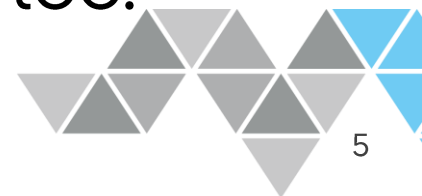


I will go to the dentist with my ..... I can take my special toy.





I will go to the front desk with my .....  
There might be other people waiting there too.  
Sometimes it can be noisy.





We will go upstairs to the waiting room.





My ..... will fill out a form. We will wait to see the dentist. Sometimes the dentist can be busy, so I may have to wait my turn.





While I am waiting I can play with toys, read a book or hold my special toy I have brought with me. My ..... will be with me the whole time.







When it is my turn, a helper will call my name. I will go into another room with my .....





The dentist will be in this room. The dentist might say hello to me. The dentist and the helper will be wearing special whitecoats. They might also wear gloves and a face mask.





I will sit in a special chair that goes up and down.  
The light in the room will be bright so the dentist can see my teeth. I might wear sunglasses to protect my eyes from the bright lights.





The dentist will ask me to open my mouth. I will try to open my mouth as wide as I can! The dentist may check my teeth with a little mirror and use air to blow away the bubbles in my mouth.





When I am finished, the dentist might give me a sticker.





When I leave I can say goodbye to the dentist.  
I am learning about visiting the dentist.



# Dental services for children

The dental service at Merri Health is free for children aged 0-12 years.

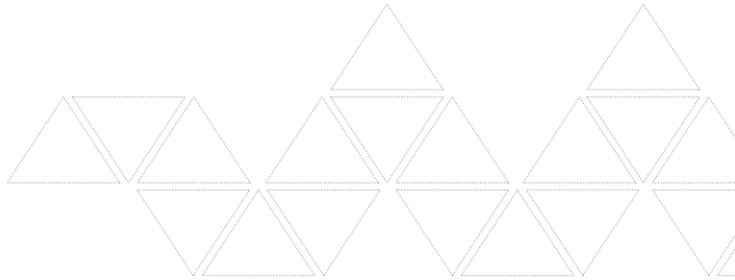
Children are prioritised – they will be offered the next available appointment

Children will receive general oral health care and advice



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# Contact us



1300 637 744



[info@merrhealth.org.au](mailto:info@merrhealth.org.au)



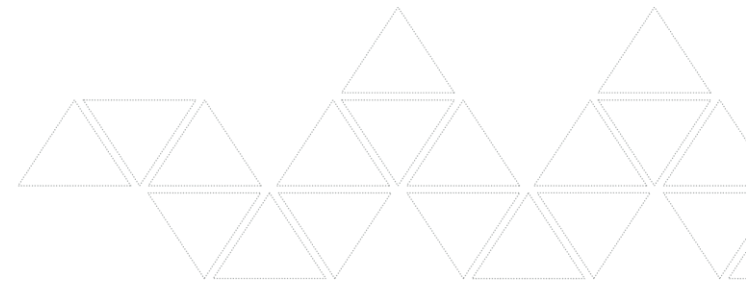
11 Glenlyon Road, Brunswick 3056



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